



FREE
“ASTHMA BASIC”
EDUCATIONAL
PROGRAM

Date: Thursday, February 7, 2008

Time: 7:00 p.m.—9:00 p.m.

**Location: West Valley Medical
Center (Kaley Center)
10th Street & Logan Street
Caldwell, Idaho 83605**

***To register for this up-coming
class call: (208) 455-5321***

Sponsored by:



**Refreshments will be
served.
Pharmaceutical
Representatives will be
available for
prescription assistance.**

- What is Asthma?
- Signs & Symptoms
- Normal lungs & asthmatic changes to the lungs.
- Quick-relief medications.
- Controllers (inhaled corticosteroids), benefits of use & consequences if not used.
- What are triggers?
- Using a spacer & why?
- Using a peak flow meter
- Importance of compliance & follow-up with physician.